

Top 5 Suggestions

for parents using the One Voice Curriculum



UNDERSTAND WHY

Keep in mind **why** it is important to talk to your child about racial inequality and bias. Resource: [*Unconscious Bias and Racism*](#).



STICK TO THE FACTS

Make sure your conversations are rooted in the facts. The One Voice curriculum connects all lessons back to events in U.S. history.



CHECK FOR UNDERSTANDING

Does your child understand the content? Are they making personal connections to what they've learned through One Voice? Use the [One Voice Question Starters](#) resource to determine what they understand and areas where you may need to fill in the gaps.



ESTABLISH CHECK-INS

Use the [One Voice Sentence Starters](#) resource to help your child share how they feel about what they are learning.



TRUST THE PROCESS

Learning about equality is a lifelong process, so make sure to keep the conversations going. This is what will lead to lasting change and impact.